



## The Repair Shed

[www.communityactiondacorum.org.uk](http://www.communityactiondacorum.org.uk)



The Repair Shed brings older men together to stay healthier and happier for longer by making, mending and learning.

Our Repair Shed helps combat the challenges of isolation and the loss of social continuity associated with aging by providing a supportive environment in which older people who are practically minded and want to make things, do repairs, share skills and learn new ones.

Whilst the Shed movement was started by men, everyone is welcome, we even have a "Sewing Café" at our Redbourn Shed.

**Interested in joining us? Contact our Repair Sheds Officer**  
**Tony Mackinder [tony@communityactiondacorum.org.uk](mailto:tony@communityactiondacorum.org.uk)**  
**or call 01442 617 665.**

